



**NAACP NYC ACT-SO**  
**Afro-Academic, Cultural, Technological and Scientific Olympics**  
*“Olympics of the Mind”*

## **ACT-SO GUIDELINES**

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### **DANCE**

1. Only **one (1) solo performance is allowed.**
2. The performance **must not exceed five (5) minutes.**
3. Costumes are strongly recommended.
4. **Musical accompaniment must be provided by the contestant** on either a recording or a standard cassette tape. The cassette must contain **only** the music used for the performance. It is recommended that contestants provide a backup tape.
5. Choice of dance interpretation and selection of music are solely the decisions of the contestants.
6. The theme and dance form (ballet, modern, jazz, ethnic, etc.) should be identified to judges prior to performance.

**NOTE: Aerobic exercises and cheerleading routines may NOT be used.**

### **JUDGING CRITERIA**

<input type="checkbox"/> Stage Presentations; Emotions	<b>20 Points</b>
<input type="checkbox"/> Costume Complement to Theme	<b>20 Points</b>
<input type="checkbox"/> Execution of Skill and Form (Effectiveness of Beginning and Ending)	<b>20 Points</b>
<input type="checkbox"/> Utilization of Space	<b>20 Points</b>
<input type="checkbox"/> Choreography/ Interpretation of Movement to Music	<b>20 Points</b>
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	<b>100 Total</b>